

# *MEDITATION : The Heart of Buddhism*

*Ajahn Brahmavamso*  
*Perth, Western Australia, 1998*

---

*(Edited from a talk given by Ajahn Brahmavamso during the 9-day retreat in North Perth, Western Australia, December 1997)*

Source : <http://www.budsas.org>

[Home](#) | [Links](#) | [Contact Us](#)

[Copy Right Issue 2005](#) © What-Buddha-Taught.net